

CP-29 Advanced Skills in Addictions Counseling II

\$330

Addiction, Intervention & Treatment 12 hours

Objective: This course studies the challenges and opportunities that exist in intervening in the life of substance abusers in various settings include the courts, medical clinics, etc.

Text: Addiction Intervention: Strategies to Motivate Treatment-Seeking Behavior by Robert K. White & Deborah George Wright (ed) ISBN-10: 0789004348

Relapse Prevention II 16 hours

Objective: This course takes a broad sweep of the essential concepts involved in preventing relapse with the addicted client. Examines the cues, life-style modifications and other actions the client needs to take to prevent future relapses.

Text: Relapse Prevention by G. Alan Marlatt & Judith R. Gordon (ed.) ISBN-10: 1593851766

RET & Addiction 16 hours

Objective: Examines the application of RET to alcohol & drug abuses. Reviews the theories and techniques of RET and major issues in alcohol and drug abuse.

Text: Rational-Emotive Therapy With Alcoholics and Substance Abusers by Albert Ellis, et al. ISBN-10: 0205144349

Relapse Prevention III 16 hours

Objective: This course examines the various techniques and strategies which can be utilized by the client to learn from past relapses and prevent future ones.

Text: Therapist's Guide To Evidence-Based Relapse Prevention by Katie A. Witkiewitz ISBN-10: 0123694299

Mastering Resistance 14 hours

Objective: Examines specific approaches and techniques the therapist can utilize to effectively deal with resistant clients.

Text: Mastering Resistance: A Practical Guide To Family Therapy by Carol M. Anderson & Susan Stewart ISBN-10: 0898620449

Improving Treatment Compliance 12 hours

Objective: Examines what may be the most important aspects of treating the dually diagnosed client including: getting clients to attend treatment sessions and motivating clients to deal with problems causing them pain and leading to continued dysfunction.

Text: Improving Treatment Compliance: Counseling & Systems Strategies for Substance Abuse & Dual Disorders by Dennis C. Daley & Allan Zuckoff ISBN-10: 1568382812

Brief Group Therapy W/ Substance Abusers 12 hours

Objective: Examines how to provide quality, outcome based and problem-solving group therapy with alcohol and drug abusing clients.

Text: Brief Strategic Problem-Solving Group Therapy: Making Group Therapy Work in the Managed Care Environment by Terence T. Gorski ISBN-10: 0830907165