

CP-27 Essentials of Addictions Counseling IV

\$330

Concepts of Alcoholism

16 hours

Objectives: Explores the essential concepts of alcohol abuse, alcoholism and recovery. Better prepares the counselor who is relatively new to serving the alcoholic client to best utilize their skills to meet the needs of their clients.

Text: *Loosening the Grip* 8th ed. by Jean Kinney and Gwen Leaton ISBN-10: 0073138894

The First Three Years of Recovery

14 hours

Objectives: Explores the early recovery needs of the addicted client. Better prepares the therapist as they serve the newly recovering addict so as to strengthen their recovery.

Texts: *First Year Sobriety* by Guy Kettelhack ISBN-10: 1568382308

Second-Year Sobriety by Guy Kettelhack ISBN-10: 1568382316

Third-Year Sobriety by Guy Kettelhack ISBN-10: 1568382324

HIV & Recovery

12 hours

Objectives: Examines the implications and complications created by addicted clients who also are diagnosed with HIV. Enables the therapist to be better prepared for the issues their HIV positive client may face as they deal with the dual problem of addiction.

Text: *Risk and Recovery: AIDS, HIV and Alcohol: A Handbook for Providers* by Marcia Quackenbush, J.D. Benson, Joanna Rinaldi ISBN-10: 0890876908

Recovery By Rational Means

12 hours

Objectives: Examines the concepts and the treatment applications inherent in using the Rational/Behavioral Model

Prepares the therapist to apply this alternative paradigm to the problem of substance abuse.

Text: *Stay Sober & Straight: How To Prevent Relapse with the Rational Self-Help Treatment Method* by Maxie Maultby ISBN-10: 0932838006

Substance Abuse & Family Recovery

14 hours

Objectives: Provides the therapist with a background in the theory of substance use in the family and with couples. Enables the therapist to better apply that theory as they consult with the family where substance abuse is a major issue.

Text: *Couple & Family Therapy in Addiction* by Jerome D. Levine ISBN-10: 1568216416

Treatment Planning W/ Substance Abusers

12 hours

Objectives: Provides the therapist with greater understanding about how to gain greater compliance for clients receiving treatment for alcoholism. It prepares the therapist with techniques and strategies to increase client compliance with services through the use of effective treatment planning, documentation and the measurement of progress.

Text: *Improving Compliance With Alcoholism Treatment* by Kathleen Carroll ISBN-10: 0788184717

Improving Therapeutic Skills

14 hours

Objectives: Provides the therapist the opportunity to reflect on how therapeutic mistakes and failures occur. Gives the therapist a framework they can use to learn from those situations and improve their future practice.

Text: *The Imperfect Therapist* by Jeffrey A. Kottler ISBN-10: 1555421458