

CP-11 Brief Therapy I

\$275

Brief Therapy

12 hours

Objectives: Understand the value, efficacy, implications and applications of utilizing brief therapy. Understand how brief therapy might be implemented in their practice.

Text: A Brief Guide to Brief Therapy by Brian Cade & William Hudson O'Hanlon ISBN-10: 0393701433

Solution-Focused Therapy

14 hours

Objective: Assist the therapist in obtaining a basic understanding of how Solution-Focused Therapy can be used in treatment.

Text: Handbook of Solution-Focused Therapy by Scott D. Miller (ed) ISBN-10: 0761967842

Pragmatic Brief Therapy

14 hours

Objective: Providing the therapist with a different, post-modern perspective of brief therapy, moving to where purpose, preferences, and possibilities in therapy can emerge.

Text: Recreating Brief Therapy by John L. Walter & Jane E. Peller ISBN-10: 0393703258

Brief Therapy: Theory & Practice

16 hours

Objective: To provide a more extensive and broader understanding of the basis and practice of providing brief therapy.

Text: Theory and Practice of Brief Therapy by Simon H. Budman & Alan S. Gurman ISBN-10: 1572308214

Brief Therapy III

14 hours

Objective: Placing greater emphasis on brief therapy in a managed care world this course emphasis what occurs in the first session thus creating a situation where focus and direction is created early.

Text: The First Session in Brief Therapy by Simon H. Budman, Michael F. Hoyt & Steven Friedman (ed.) ISBN-10: 0898621380

Rapid Behavior Change & Counseling

12 hours

Objective: To study how some individuals make sudden and dramatic changes in their lives and it's implications for counseling theory and practice.

Text: Quantum Change: When Epiphanies and Sudden Insights Transform Ordinary Lives by William R. Miller & Janet C'de Baca ISBN-10: 1572305053