

CP-10 Cognitive Therapy III

\$220

Cognitive Therapy w/ Children & Adolescents

14 hours

Objective: Explores the treatment of children and adolescents from the cognitive therapy model.

Text: *Clinical Practice of Cognitive Therapy with Children & Adolescents* by Robert D. Friedberg, et. al. ISBN-10: 1572307234

Crisis Counseling & Brief Therapy

14 hours

Objective: This course studies how crisis counseling can be implemented in various settings, addressing various problems/issues.

Text: *Crisis Intervention & Time-Limited Cognitive Treatment* by Albert R. Roberts (ed) ISBN-10: 0803956304

RET & Addiction

16 hours

Objective: Examines the application of RET to alcohol & drug abuses. Reviews the theories and techniques of RET and major issues in alcohol and drug abuse.

Text: *Rational-Emotive Therapy with Alcoholics and Substance Abusers* by Albert Ellis, et al. ISBN-10: 0205144349

Cognitive Group Therapy

W/ Special Problems & Populations **16 hours**

Objective: Demonstrates the application of the cognitive-behavioral model to clients who come from special populations and who have special problems.

Text: *Cognitive-Behavioral Group Therapy for Specific Problems and Populations* by John R. Wright & Arthur S. Freeman (ed) ISBN-10: 1557986908

Life Coaching:

A Cognitive-Behavioral Approach **14 hours**

Objective: Life coaching has come to be a growing and groundbreaking approach to helping clients. This course examines how the cognitive-behavioral theories and techniques apply to that developing profession.

Text: *Life Coaching: A Cognitive Behavioral Approach* by Michael Neenan & Windy Dryden ISBN-10: 1583911383