

## CP-04 Counseling Special Populations I

\$220

### **Cultural Difference in Counseling**

**20 hours**

**Objectives:** Understanding the treatment implications and considerations in providing counseling services to those with different cultural backgrounds. Enables the therapist to counsel clients from different cultural backgrounds with greater confidence.

**Text:** Multicultural Counseling and Psychotherapy: A Life Span Perspective by Leroy Baruth & M. Lee Manning ISBN-10: 0131706810

### **Women & Addiction**

**12 hours**

**Objectives:** Examines the implications inherent in counseling women clients involved with addiction. Better prepares the therapist in providing counseling services that are specifically tailored to meet the needs of women in therapy.

**Text:** Chemical Dependency: Women at Risk by Brenda L. Underhill (Editor), Dana G. Finnegan (Editor) ISBN-10: 1560230886

### **Counseling the Older Addict**

**12 hours**

**Objectives:** Gain a greater appreciation of the role and extent substance use has among the older population. Gain a greater understanding of the diagnostic, treatment and aftercare implications of the older clients.

**Texts:** Addictions Treatment for Older Adults by Kathryn Marie Graham, et. al. ISBN-10: 1560248572

### **Counseling the African American**

**12 hours**

**Objectives:** Examines the implications inherent in counseling clients of African American decent. Learn how to apply and generally implement what they have learned in the treatment of African American clients.

**Texts:** Chemical Dependency and the African American by Peter Bell ISBN-10 1568388810

### **Counseling Clients w/ Disabilities**

**18 hours**

**Objective:** Provides the counselor with a background in the special needs and considerations needed when treating clients who have disabilities.

**Text:** Cognitive-Behavioral Therapy for Persons with Disabilities by Cynthia L. Radnitz ISBN-10 076570238X