

CP-03 Counseling Families II

\$220

Promoting Healthy Families

16 hours

Objective: Emphasizing a mental health point of view, this course examines how effective stress management, coping skills and improved health can be promoted with families and their individual members.

Text: *Stress, Coping & Health in Families: Sense of Coherence & Resiliency* by Anne I. Thompson, Julie E. Fromer, Hamilton I. McCubbin (Ed.) ISBN 10: 0761988718

Brief Therapy w/ Adolescents

14 hours

Objective: Examines how brief therapy can be effectively utilized in treating the adolescent clients.

Text: *Pathways to Change: Brief Therapy Solutions with Difficult Adolescents* by Matthew Selekman ISBN-10: 1572309598

Brief Therapy w/ Children

14 hours

Objective: To provide the counselor with a firmer background in how brief therapy can be used in the treatment of children and their family.

Text: *Solution-Focused Therapy with Children: Harnessing Family Strengths for Systematic Change* by Matthew Selekman ISBN-10: 1572307900

Treating the Compulsive

Gambler & Their Family

16 hours

Objective: Provides the counselor information in the treatment of the compulsive gambler and their family.

Text: *Counseling Problem Gamblers and Their Families : A Clinician's Guide* by Joseph W. Ciarrocchi ISBN-10: 0121746534

Counseling Across The Life Cycle

20 hours

Objective: Helps counselors identify how client needs change as they move through life and how counseling needs to change to better meet client needs.

Text: *The Expanded Family Life Cycle: Individual, Family, and Social Perspectives (3rd Edition)* by Elizabeth A. Carter (Editor), et al ISBN-10: 0205409814