

CP-02 Counseling Families I

\$275

Dealing With Resistant Clients

14 hours

Objectives: Studies the reasons and dynamics for client resistance. Prepares the therapist to more effectively prevent client resistance and to deal with resistance when it does occur.

Text: *Compassionate Therapy, Working with Difficult Clients* by Jeffrey Kottler ISBN-10: 1555424228

Family Therapy

14 hours

Objectives: Explores family therapy from the first interview to termination. Helps the therapist to see family therapy as a process that involves planned interventions, sensitivity and clarity on the part of the therapist.

Text: *Essential Skills in Family Therapy* by JoEllen Patterson, Lee Williams, Claudia Grauf-Grounds & Larry Chamow ISBN-10: 1572303077

Family Intervention

12 hours

Objectives: Explores the impact of substance abuse on the family. Examines strategies and the implications of training for and following through with a family intervention.

Text: *Training Families to Do a Successful Intervention* by Alexandra Robbin, et. al. ISBN-10: 1562461168

Motivational Interviewing

12 hours

Objectives: Identifies strategies that develop a counseling relationship that motivated the client to change. Prepares clients to utilize their skills as they create an environment that fosters client change.

Text: *Motivational Interviewing: Preparing People for Change* by William K. Miller & Stephen Rollnick ISBN-10: 1572305630

Substance Abuse & Family Recovery

14 hours

Objectives: Provides the therapist with a background in the theory of substance use in the family and with couples. Enables the therapist to better apply that theory as they consult with the family where substance abuse is a major issue.

Text: *Couple & Family Therapy in Addiction* by Jerome D. Levine ISBN-10: 1568216416

Mastering Resistance

14 hours

Objective: Examines specific approaches and techniques the therapist can utilize to effectively deal with resistant clients.

Text: *Mastering Resistance: A Practical Guide to Family Therapy* by Carol M. Anderson & Susan Stewart ISBN-10: 0898620449