

CP-01 Dual Diagnosis

\$330

Dual Diagnosis

12 hours

Objectives: Understand the diagnostic, treatment and outcome implications when treating the dually diagnosed client. Better prepare the therapist to make a differential diagnosis, provide appropriate treatment and aftercare planning for the dually diagnosed client.

Text: Dual Disorders: Counseling Clients w/ Chemical Dependency & Mental Illness by Dennis C. Daley, Howard Moss, & Frances Campbell ISBN-10: 1568388020

Dealing With Resistant Clients

14 hours

Objectives: Studies the reasons and dynamics for client resistance. Prepares the therapist to more effectively prevent client resistance and to deal with resistance when it does occur.

Text: Compassionate Therapy, Working with Difficult Clients by Jeffrey Kottler ISBN-10: 1555424228

Client Diagnosis & Assessment

14 hours

Objectives: Explores the challenge of accurately assessing and diagnosing clients in the current mental health setting. Enables the therapist to better lay out the road map for ongoing therapy.

Text: Diagnosis Made Easier: Principles and Techniques for Mental Health Clinicians by James Morrison ISBN-10: 1593853319

Effective Therapeutic Strategies

14 hours

Objectives: Examines the factors that the therapist needs to consider when implementing treatment strategies. Prepares the therapist to better connect a client's diagnosis with the most effective treatment strategy.

Text: Selecting Effective Treatments: A Comprehensive, Systematic Guide to Treating Mental Disorders by Linda Seligman ISBN-10: 0787988685

Motivational Interviewing

12 hours

Objectives: Identifies strategies that develop a counseling relationship that motivated the client to change. Prepares clients to utilize their skills as they create an environment that fosters client change.

Text: Motivational Interviewing: Preparing People for Change by William K. Miller & Stephen Rollnick ISBN-10: 1572305630

Physical Health & Mental Disorders

12 hours

Objectives: Explores the often ignored connection between a client's physical illness and mental disorders. Enables the therapist to assess for and to identify when an apparent psychological disorder may have a physical cause requiring an appropriate referral.

Text: When Psychological Problems Mask Medical Disorders by James Morrison ISBN-10: 1572305398

Counseling Clients

w/ a Controversial Diagnosis

14 hours

Objective: The counselor is provided with a greater understanding of the challenges and implications of treating clients who have controversial disorders.

Text: A Clinician's Guide to Controversial Illness by Renee R. Taylor, Ph.D., Fred Friedberg, Ph.D. & Leonard A. Jason, Ph.D. ISBN-10: 156887068X